

2026 Gippsland Sports Academy Swimming – Performance and Development Program

Induction Day (Compulsory)

Attendance at the induction day is mandatory and will be regarded as acceptance of this offer. Parents and guardians are strongly encouraged to attend.

Venue: TAFE Gippsland Yallourn Campus, John Field Drive, Newborough

Date: Wednesday 8 July 2026

Time: 10:00am – 12:00pm

Program Schedule

- Session 1: Sat 20th June – Andrew Cameron Physio screening and presentation (Traralgon & Sale)
- Session 2: Sat 4th July – Underwater Filming (Ford Swim Centre Traralgon) 3.30pm – 6pm
- Session 3: Wed 8th July Induction – TAFE Gippsland Newborough
- Session 4: Sun 15th November
 - Performance Ian Pope Session with VIS Test Set data testing (GRAC Traralgon) 8.30am – 10.30am
 - Development - Ian Pope Session (GRAC Traralgon) 10.30am – 12pm
- Session 5: March 2027
 - Time trial at GRAC Traralgon
 - VIS Test Set data testing (TBC)
- Performance only - ACE Day – Wednesday **7 April 2026**
- Performance only - Awards Evening – **Friday 7 May 2027**

Athlete Development

The program also includes:

- ACE Day – Wednesday 7th April 2027 – Performance only
 - Sports science education sessions
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Program Costs

Item	Estimated Cost
Athlete levy - Performance	\$150 (ex GST)
Athlete levy - Development	\$100 (ex GST)
Performance - Uniform (polo, shorts/pants & jacket required minimum)	\$150 (approx)
Development - Uniform (polo, shorts/pants & jacket required minimum)	\$100 (approx)
Sport Specific Items	
Swimming: Cap	
*1 st Cap sponsored by GSI, replacement caps \$10	

Sport Integrity Australia - Performance only

All athletes must complete online SIA modules - this is required for graduation and is a requirement by the Victorian Institute of Sport & Sport and Recreation Victoria. Course link: <https://elearning.sportintegrity.gov.au/login/index.php>

- New athletes: Clean Sport 101
- 1st year returning: Antidoping Fundamentals
- 2nd+ year returning: Annual Update

Uniform Requirements

Athletes must wear GSA uniform at all Academy sessions. Strictly NO club uniforms at sessions.

Program Staff

- Head Coach – Brian Ford
 - Lauren Nicholls - Nutritionist
 - Christopher Shen - Psychologist
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