



**GIPPSLAND
SPORTS
ACADEMY**

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Information Sheet : 2026-27 Proposed Baseball Program

Gippsland Sports Academy (GSA) are looking to run a pilot Baseball Program in 2026-27. Program goal is to train athletes to a level to be selected for State Competition teams. Selection is open to all athletes between 12-18yrs participating at clubs within the 6 Gippsland Shires. Approx 24 athletes to be selected

To register your interest in this program, please complete the Expression of Interest via the following link: <https://tinyurl.com/gsaBBeoi>



Please see below a brief overview of the program:

Athlete Selection	Athletes will be selected from EOIs and/or Trial and/or Invitation.
Trial Information	Date: October 2026 Venue: TBC Time: TBC Registration:
Selection Outcome	A Letter of Offer with full program information will be sent to successful athletes by no later than (date) . Enquiries: Jude Bergmann - judeb@sportgippsland.org.au Phone: (03) 5127 0174
Induction Information	Date: Sunday 22 nd November 2026 Venue: TAFE Gippsland, Yallourn Campus 225 Monash Rd, Newborough 3825 Google Maps Ref: R8F5+63 Newborough Time: 9 am - 3 pm Registration: from 8.45 am *** Includes Fitness Test *** Athletes should wear their GSA uniform (if they have one) or appropriate fitness attire including sports shoes. <u>Your induction is a compulsory part of your program as it provides valuable & vital information including Sports Psychology, Nutrition & Fitness Testing.</u>
Session Information	Approximately 6 - 7 training sessions will be held as follows: from November 2026 to April 2027. Dates and venues will be confirmed at trials. Sessions to be held throughout Moe, Morwell, Traralgon & Sale. Your program includes Education sessions - ACE Day Wednesday 7 th April 2027 - (school holiday program) covering Sports Science: Nutrition, Sport Psychology & Injury Management.

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Cost & Payment	To be advised in Letter of Offer - Levy does not include uniform costs or travel costs. Fees will be invoiced upon acceptance of your position in the program. *NOTE: Final costs are determined by the final number of athletes that accept their position with the Academy.
Uniform Requirements	The required GSA uniform for your sport is required to be ordered, if you do not already have one - polo, shorts, jacket/hoodie, leggings/track pants and cap if you wear one while participating in your sport. All other items are optional. Athletes are to wear their GSA uniform at all sessions. No Club uniforms are to be worn at GSA sessions. Additional optional merchandise items are also available to purchase. • Uniform is to be ordered, and paid for online; • You must order the items required for your sport as outlined in your Letter of Offer; • Uniform will be delivered to athlete's home address. This should be done promptly so that you will have your uniform to wear to your first session. Uniform link will be provided to successful athletes.
Strength & Conditioning Information	• 2 x Fitness Testing sessions - at the commencement and at the end of the program • 2 x Face to face sessions per month - S & C sessions to be held in Bairnsdale, Inverloch, Sale, Traralgon/Newborough & Warragul (based on athlete home address) from Nov 2026 - May April 2027 • Individual Home programs based on Musculo Skeletal Screenings and logged through Lumin Sports This is a critical component of the program, attendance is <u>expected</u>.
Musculo-Skeletal Screening	All athletes new and returning who have not been assessed in the past 12 months must undergo a Musculo-skeletal screening. *More information will be supplied in the athlete invitation.

Sport Integrity Australia (SIA)	All athletes will have a presentation on Sport Integrity Australia and MUST complete the required Sport Integrity Australia level: • New athletes to complete Clean Sport 101 • 1st year Returning athletes to complete Antidoping Fundamentals • 2nd + year Returning athletes to complete annual update The link is: https://elearning.sportintegrity.gov.au/login/index.php Completion of Sport Integrity is a requirement by the Victorian Institute of Sport and Sport and Recreation Victoria and therefore must be completed to be eligible for graduation.
Expectations of Athletes	Athletes are expected to attend all Academy activities, where possible, this involves committing to: • Attend all training sessions except athletes who have an agreement with the GSA Head Coach to attend State or National opportunities. • Follow the strength and conditioning program, including completing components at home & face to face sessions. • Attend other Academy functions such as: - ACE Day: Wednesday 7th April 2027 - Awards evening: Friday 7th May 2027 • The coaches are contracted to review and gauge the athlete's progress. If the coaches are adamant that an athlete is disruptive to the group or not suited for the program, then the Academy has the right to revoke that athlete's membership • Register as a member of Baseball Victoria

For any further information please contact Jude at judeb@sportgippsland.org.au

DISCLAIMER: Please note that all information provided on this sheet is correct at the time of publication and is subject to change without notice.