Gippsland Sports Academy
PO Box 282 Newborough
Victoria 3825
Tel: (03) 5127 0223
email: anitap@sportgippsland.org.au
www.sportgippsland.org.au

Information Sheet : 2026-27 Proposed Baseball Program

Gippsland Sports Academy (GSA) are looking to run a pilot Baseball Program in 2026-27. Program goal is to train athletes to a level to be selected for State Competition teams. Selection is open to all athletes between 12-16yrs participating at clubs within the 6 Gippsland Shires. Approx 24 athletes to be selected.

The Head coach for this program will be Trevor Johansen, assisted by Renae Gillett and Gregg Duncan

To register your interest in this program, please complete the Expression of Interest (EOI) via the following link: https://tinyurl.com/gsaBBeoi

Please see below a brief overview of the program:

Athlete Selection	Athletes will be selected from EOIs and Trial.
Trial Information	Date: 27th November AND 4th December 2026 Venue: Traralgon Baseball Club Time: 5.30pm – 8pm Registration: https://tinyurl.com/gsaBBeoi
Selection Outcome	A Letter of Offer with full program information will be sent to successful athletes by no later than **9th December** **Enquiries: Jude Bergmann - judeb@sportgippsland.org.au** **Phone: (03) 5127 0174**
Induction Information	**Date: Sunday 13th December 2026** **Venue:** TAFE Gippsland, Yallourn Campus 225 Monash Rd, Newborough 3825 **Google Maps Ref:** R8F5+63 Newborough **Time: 3 pm – 6.30pm** **Registration:** from 2.45 am ***** Includes Fitness Test ***** Athletes should wear their GSA uniform (if they have one) or appropriate fitness attire including sports shoes. Your induction is a compulsory part of your program as it provides valuable & vital information including Sports Psychology, Nutrition & Fitness Testing.
Session Information	7 training sessions will be held as follows: • Feb 5th -12th -19th -26th • March 5th -12th -19th Dates and venues will be confirmed at trials. Your program includes Education sessions - ACE Day Wednesday 7th April 2027 - (school holiday program) covering **Sports Science:** Nutrition, Sport Psychology & Injury Management.

INVESTING IN ATHLETE EXCELLENCE

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Cost & Payment	To be advised in Letter of Offer - Levy does not include uniform costs or travel costs. Fees will be invoiced upon acceptance of your position in the program. *NOTE: Final costs are determined by the final number of athletes that accept their position with the Academy.
Uniform Requirements	The required GSA uniform for your sport is to be ordered, if you do not already have one – GSA t-shirt is compulsory, along with own club baseball pants Shorts, cap if you wear one while participating in your sport and all other items are optional. Athletes are to wear their GSA uniform at all sessions. No Club uniforms are to be worn at GSA sessions. Additional optional merchandise items are also available to purchase. • Uniform is to be ordered, and paid for online; • You must order the items required for your sport as outlined in your Letter of Offer; • Uniform will be delivered to athlete's home address. This should be done promptly so that you will have your uniform to wear to your first session. **Uniform link will be provided to successful athletes.**
Strength & Conditioning Information	• 2 x COMPULSORY Fitness Testing sessions (if athlete cannot attend set dates, an additional reschedule fee may apply). • 2 x Face to face sessions per month - S & C sessions to be held in Bairnsdale, Inverloch, Sale, Traralgon/Newborough & Warragul (based on athlete home address) from Nov 2026 - April 2027 • Individual Home programs based on Musculo Skeletal Screenings and logged through Lumin Sports This is a critical component of the program, attendance is <u>expected</u>.
Musculo-Skeletal Screening	All athletes new and returning who have not been assessed in the past 12 months must undergo a Musculo-skeletal screening. *More information will be supplied in the athlete invitation.

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Sport Integrity Australia (SIA)	All athletes will have a presentation on Sport Integrity Australia and MUST complete the required Sport Integrity Australia level: • New athletes to complete Clean Sport 101 • 1st year Returning athletes to complete Antidoping Fundamentals • 2nd + year Returning athletes to complete annual update The link is: https://elearning.sportintegrity.gov.au/login/index.php Completion of Sport Integrity is a requirement by the Victorian Institute of Sport and Sport and Recreation Victoria and therefore must be completed to be eligible for graduation.
Expectations of Athletes	Athletes are expected to attend all Academy activities, where possible, this involves committing to: • Attend all training sessions except athletes who have an agreement with the GSA Head Coach to attend State or National opportunities. • Follow the strength and conditioning program, including completing components at home & face to face sessions. • Attend other Academy functions such as: - **ACE Day:** Wednesday 7th April 2027 - **Awards evening:** Friday 7th May 2027 • The coaches are contracted to review and gauge the athlete's progress. If the coaches are adamant that an athlete is disruptive to the group or not suited for the program, then the Academy has the right to revoke that athlete's membership • Register as a member of Baseball Victoria

For any further information please contact Jude at judeb@sportgippsland.org.au

DISCLAIMER: Please note that all information provided on this sheet is correct at the time of publication and is subject to change without notice.